

IRIS PHOTO INSTRUCTION

Comprehensive diagnosis of body and psyche on 25 major parameters and 24 effective treatment tools



Balance your body, soul and mind

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German quality

47 years of success



More than 4.5

million tests

"The quality of the IRIS photo affects the quality and result of the test. Please read the instructions below carefully," MY HEALTH NAVIGATION team

HOW TO TAKE A IRIS PHOTO?

To obtain an accurate result, the quality of the photograph is important, so we recommend using the following services:

- A professional photographer (preferably with experience in similar photography)
- Professional photo studio
- Opticians or Clinics with the technical capabilities for this type of shooting

You can also take a photo yourself, but keep in mind that it is more difficult than you think!

WHAT SHOULD THE RIGHT PHOTO LOOK LIKE?

- The full circumference of the IRIS should be visible
- The drawing must be clear
- The pupil must be of minimum size
- IMPORTANT: The light source must fall on the pupil in the center, and not on the IRIS pattern
- There should be no glare in the IRIS pattern

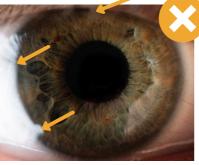








WHAT DOES THE WRONG PHOTO LOOK LIKE?



- The entire circle is not visible
- Light falls on the iris



Pupil too big
The picture is not clear



- The picture is not
- Pupil too big
- Light falls on the iris



TECHNICAL REQUIREMENTS:

- Minimum size width X height: 2000 X 1500 pixels
- Horizontal resolution: 300 dpi
- Vertical resolution: 300 dpi
- Image format: JPG

INFORMATION FOR SENDING PHOTOS:

- We need photos of both eyes. Please sign the submitted files in the format: Max Musterman_left eye
- Please send a photo to: contact@nutrilifegroup.com
- The letter must include the following information about the person whose eyes you are sending:
 - Last name and first name (in Latin)
 - Date of birth
 - Email address (if different from the sender's address)
 - Contact phone number

STILL HAVE QUESTIONS?

- Email: contact@nutrilifegroup.com
- WhatsApp: +4915172655513